# FIRST AIDE AND CPR

## **Description:**

To evaluate each contestant's ability to react positively in simulated situations demanding First Aid and CPR intervention and to recognize excellence and professionalism in the career and technical student's first aid skills.

### Nature of the Contest:

All contestants will be given 3 different scenarios that will test their skills in First Aide and CPR response. Contestants will be evaluated using the NREMT (National Registry Emergency Medical Technician) Standards.

#### **Contest Guidelines:**

- 1. Each contestant will participate in 3 scenarios not to exceed 10 minutes per scenario.
- 2. Contestants should plan to demonstrate skills on a mannequin for all 3 scenarios.

#### Equipment and Materials:

- 1. Supplied by the testing site:
  - a. Scenario details
  - b. Supplies commonly found in the provided situations
  - c. Mannequins to demonstrate skills on
- 2. Supplied by the contestants:
  - a. Pencil and pen
  - b. Paper (notebook or legal pad)
  - c. Face mask

# **Clothing Requirements:**

Industry standard dress or scrubs.